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Fashion Show Fun

This newsletter is late this month because I was extremely busy producing a fashion show. Since a fashion show is all about the looks, I'm not going to drone on about specifics or tips or anything else.

Here are as many photos I could fit on this

page for you to enjoy. If you're interested in the clothes (and you should be because they're awesome), the retailers were: Mainstream Boutique in Delafield, Bieg Boutique in Waukesha, Wishparties.com, UR (men's resale in Third Ward), Boston Store and Crazy 8 (kids clothes in Mayfair Mall).



For Men Only: Resolutions for 2012

Have you made life resolutions for 2012? Here are some image and style resolutions to add:

No more workout shoes in everyday life—save the workout shoes for just that—your workout. Change into casual, sporty shoes for errands and other everyday activities.

No more sports sweats in public—Yes, we're all sports fans, but sweats with sports team insignia need to be saved for either going to a game, attending a game party or working out.

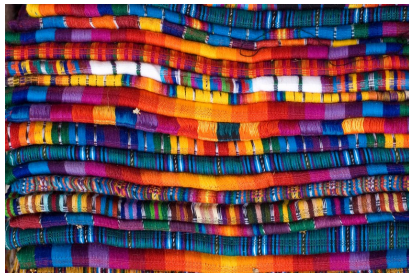
Trim your eyebrows, nose hair and ear hair—no matter what your age, you need to keep these 3 areas trimmed so you look like you care about your appearance. If you can't do it yourself, ask someone close to you to do it. I'm sure they'd be happy to.

Whiten your teeth—no this is not vain or

inconsequential. Yellow teeth signal addictions (smoking) or just not caring about your appearance. There are many inexpensive methods to whiten them. If you smoke or drink coffee, cola or other dark drinks, you'll need to do this every so often during the year.

Don't spit on the ground in public—I thought we had evolved from that but I've seen it done recently. What a disgusting, disrespectful act! Would you like to unknowingly step in someone else's spit? Of course not. Be respectful of humans and animals and leave your spitting (into the sink) at home.

None of these are hard things to do or achieve. Just make the decision to do them. Tape this to your mirror where you'll see it everyday and be reminded to keep up with them.



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Things not to Accomplish This Year

So you probably now have a whole list of resolutions, goals, etc. to get done in 2012. Here are a few things you can leave off the list.

Wearing clothes with holes and/or stains—it's time to toss them. Forget about the "mending" pile. It won't happen. Toss them along with anything with stains even if you think you're the only ones that can see them. Trust me, other people can.

Keeping clothes you have from other decades—unless you collect and successfully wear vintage clothing, let old clothes go. Hard fact: if you lived through a style decade (80s big shoulders), you shouldn't bring those clothes back out when that decade or time period becomes trendy again. You just look dated. Let them go!

Wearing colors that aren't in your season—I guarantee you that you will

never look your best if you're wearing colors that aren't in your color season. What's a color season? It's your palette of colors that looks best with your skin tone, eye color and hair color (real). If you don't know what it is, have a color analysis done. It'll make a huge difference in how you look and feel when you're wearing the best colors for you.

Following trends that don't suit you—trends are exciting and fun but not all trends are for everyone. If the current or future trends don't work with your personality, body type or lifestyle, buying them is a waste. There are ways to achieve a look similar to the latest trend while remaining true to yourself.

So take a load off and feel free not to accomplish these things this year. I'm happy to help you make sure they're not achieved.